



HOME SAFETY CHECKLIST FOR SENIORS

Do you have zero-threshold entryways? If so make sure they can't trip coming in and out of doors?

Are doorways and halls wide enough for moving through and or wheelchairs and walkers?

Do door hinges need to be adjusted to get in and out of interior doors?

Make sure light switches and controls for things are low enough and easy to use.

Do you need to put a seat in the shower? Do soap and such need to be lower or put in a new place. Does step into shower need to be changed?

Does toilet seat need to be adjusted?

Textured strips on stairs and bathroom tub and showers

Remove throw rugs that could be easily tripped on.

Do laundry facilities need to be moved or assistance given if on another floor or too hard to reach?

Do you need sensor alarms letting them know when people are there or devices in case they fall?

Make sure electric cords are not cluttered or in places where someone can trip.

Do you need hall, step or shower bars and railings?

Would lever handles be better now than basic doorknobs?

Change locks on interior doors so they don't get locked in or out by accident.

Get electric recliner that helps them get up and out of it.

Purchase a grabber for reaching things.

Check to see if you need clocks with larger numbers.

Check faucets to see if you need an antiscalding device to prevent burns or reduce water heater settings.

Get brighter lights and extra lamps.

Make sure carbon monoxide and smoke detectors are replaced and have fresh batteries. They should be replaced every few years.

Make sure you have a fire extinguisher in the house.

Look into getting Alexa video so you can drop in on seniors.